State Interagency Council (SIAC)

"Promoting healthy children across Kentucky:

Building a collaborative System of Care to promote children's social, emotional and behavioral well-being where they live, learn and play."

SIAC Meeting August 22, 2014

Members/ Designees Present:

Commissioner Mary Reinle Begley (DBHDID), SIAC Chair

Commissioner Terry Holliday (KDE)

Pam Cotton (DCBS)

Allie Rigsby (KPFC/ KY YOUTH MOVE-SIAC Youth Member)

Lee Ann Kelly (KPFC/ SFAC-SIAC Parent Member)

Eugene Foster (CCSHCN)

Tal Curry (DPH)

Melissa Goins (FRYSC)

Laura McCullough (KDE)

Lisa Lee (DMS)

Margo Figg (DJJ)

Guest List:

Eric Friedlander (CHFS), Deputy Secretary

Heather Dearing (CHFS)

Dana Nickles CHFS)

Natalie Kelly (DBHDID)

Beth Potter (KICC/ KY SEED)

Vestena Robbins (DBHDID)

Susan Robinson, Northkey LRC Region 7

Adam Rohrer, DCBS & RIAC Chair Region

Catherann Terry (CMS/ SIAC Designee)

Beth Jordan (DBHDID/ KICC)

Kate Dean (KICC/ RIAC)

Kristin Knight (AOC/ SIAC Designee)

Brandon Kelly (KPFC), SIAC Youth Alternate Representative

Christopher Duckworth (KY SEED/ KICC)

Mark Hertweck (DBHDID)

Megan Kissel (DBHDID)

Guest List continued:

Kate Tilton (KPFC)

Joy Varney (KPFC)

Anne Embry, LRC Region 4-Barren River (Lifeskills)

Liz Wade (DCBS) & RIAC Chair Region 4-Barren River

Whitney Hayse (P &A)

Liz McKune (Passport Health Plan)

David Crowley (Anthem Medicaid)

Jeff Sutherland (Anthem Medicaid)

Susan Feher (Humana Care Source)

Kristan Mowder (Humana Care Source)

Renee Roberts, LRC Region 12-KY River (KY River Comp Care)

Kristal Hankinson (DPH/ Early Childhood)

Christina Libby (CHFS-Office of Secretary)

Jan Clark (Children's Law Center)

Ann Marie Regan (KY Equal Justice Center)

Leslie Bentley, LRC Region 3- Green River (River Valley BH)

Jason Mellenkamp (DCBS) & RIAC Chair Region 15W-Bluegrass W

Angie Cornett (DCBS) & RIAC Chair Region 6J-KIPDA/ Jefferson

Libby Trager (DCBS) & RIAC Chair Region 5-Lincoln Trail

Chelsea H. Sullivan, LRC for Region 5 RIAC-Lincoln Trail (Communicare)

Andrea Keith, LRC for Region 6S-Salt River RIAC (Seven Counties Services)

Angela Parker LRC for Region 11- Big Sandy RIAC (Mountain Comp Care Center)

Teena Sewell, Assistant LRC for Region 13-Cumberland Valley RIAC (Cumberland River Comp Care Center)

Tracy Wells, LRC for Region 13-Cumberland Valley RIAC (Cumberland River Comp Care Center-CAPERS)

Nicole Rowland (Cumberland River Comp Care Center)

Kathy Adams (Children's Alliance)

Larry Lindeman, Children's Services Director (Northkey Community Care)

Sandra George (Norhthkey Community Care)

Chris Whitsell, Children's Services Director (Bluegrass.org)

Pam Tamme (Boyle County Schools)

Eva Stone (Boyle County & Lincoln County Schools)

Staff: Martha Campbell, SIAC Administrator (DBHDID)

SIAC Meeting Summary for August 22, 2014

Agenda Item	Discussion	Action/Priorities/ Recommendations
SIAC Welcome and Introductions	Commissioner Begley (DBHDID) SIAC Chair called meeting to order and called for introductions of SIAC members, designees and presenters.	
Review of July 23, 2014 SIAC Meeting Summary	Motion made and seconded to accept the meeting summary with no changes.	Minutes Adopted
System of Care "Youth Guided" Care Update- Allie Rigsby(SIAC Youth Member)	 Youth Guided Update: Youth Peer Support Specialist position & regulation: Youth Peer Support services for ages 18 through 24 are billable through Medicaid. Youth Peer Support Specialist certification training was held August 11-15, 2014 in Frankfort, utilizing the Youth Empowerment Program Curriculum the committee designed and developed. KY Youth who attended the Maryland Conference participated in the Wraparound Training. DBHDID Commissioner & SIAC Chair, Mary Reinle Begley, asked DBH Director, Natalie Kelly, to explain the service of Youth Peer Support. 	Commissioner Begley noted the need for training on how community agencies and partners can access Youth Peer Support services. Tena Robbins noted importance of informing schools about Youth Peer Support services.
System of Care "Family Driven" Care Update- Lee Ann Kelly (SIAC Parent Member)	 Family Guided Update Ms. Kelly distributed a report on activities Parents are participating in across the Regions in KY; including: Facilitated discussions about "What is Wraparound" Parent/ Child interaction How to partner with and navigate child-serving systems Attending the 'Kids are Worth It' conference hosted by PCAK Training for the GAP Grandparents on 'Family Driven and Youth Guided' care Training on KY's Special Education Law Parent groups across the Regions are concentrating on School Readiness issues. Ms. Kelly delivered a presentation on 'Family Driven and Youth Guided' care to Service Coordinators working with children, youth and families. Requested information from SIAC on training & resources that are available for parent representatives. 	Full report detailing Parent activities in various Regions throughout KY. distributed to SIAC & guests; for copy contact martha.campbell@ky.gov

Interagency Priorities & Discussion

Regional Update: Region 7-Northern Kentucky RIAC

RIAC Chair, Adam Rohrer (DCBS Social Service Specialist)

Local Resource Coordinator, Susan Robinson (Northkey Community Care)

RIAC Update: Region 7-Northern Kentucky Region

- 1. The top 2-3 barriers/challenges your region experiences in providing comprehensive and coordinated services/supports to children and youth?
- Transportation for clients (urban and rural counties)
- Children going on and off Medicaid. The lapses in coverage we see often affect a child's stability (i.e. access to therapy, meds, etc.). We see lag in time between the parent/guardian meeting with the Medicaid office, and the time that it actually shows up on the Medicaid website (which is what service providers want to see).
- Lack of resources for clients/families in our rural counties.
 - How is your RIAC addressing these issues?
- We provide gas cards and taxi assistance/bus passes, through our RIAC funds. We
 have an agreement with a local taxi company and they bill us monthly for taxis to
 help get clients to and from medical & therapy appointments. We entertain
 individual requests at LIAC for specific needs (purchasing a tire, assisting w/ car
 repair) that will help the child maintain in the community by getting to their
 appointments, etc.
- RIAC funds, as well as funds available through the Community Mental Health Center
 ensure that children/ youth who have interruptions in their Medicaid health
 insurance can continue to receive Targeted Case Management services. Service
 Coordinators can then assist the parent/guardian in working with Medicaid to get
 the insurance re-instated. Service Coordinators have been encouraged to remind
 families, periodically, about their upcoming renewal date for Medicaid, to avoid
 interruptions in their Medicaid coverage. (Many families we work with have missed
 renewal notifications from Medicaid).
- In Grant Co (one of our rural counties), RIAC supports a Parent Support Group and Youth group which has been very successful this past year. We are working hard to start another rural Parent Support Group in Gallatin Co. In the rural counties, it is even more vital that our staff work closely with the schools, FRYSC's, and other community agencies to access any resources available, but it is very challenging to coordinate services, when few are available. Our RIAC funds also support our Mentoring program (Community Support Workers) which we have been able to offer in the rural counties on a limited basis.
- 2. 1-2 issues your RIAC has addressed to improve services to children and youth.
- We successfully implemented the KAT-ED grant in Campbell County, which has 2 full time Impact Service Coordinators to provide Service Coordination to those adolescents. The adolescents are started in the IMPACT program instantly, as well as therapy. Referrals have been blossoming due to great relationship formed with the Campbell County court system. Due to the number of referrals, we will add a third

Full RIAC Regional Report distributed to SIAC Members/ Designees & Guests.

Commissioner Begley asked Tena Robbins, DBHDID, to provide a brief overview of the KAT-ED Grant.

- Service Coordinator to their team.
- RIAC support to fund our Family Liaison position as well as our Youth Coordinator
 position, allowed us to grow our Parent Support Groups/Youth Groups. Parent
 Support Groups are vital in allowing our parents to network and interact with each
 other, while their children participate in a safe, fun activity. Our mentoring program
 is also supported by RIAC and allows children to get a one-on-one mentor, which has
 proven very worthwhile to our clients.
- 3. Success story for a family/child and RIAC's role supporting the family's success.
- Young lady(age 17 currently) was originally enrolled in Impact and therapy in February, 2013 after being involved with DJJ due to substance use, which led to legal trouble and risky behaviors. After months of being non-compliant with therapy, and getting into further legal trouble, she was transitioned over into the KAT-Ed program, which continued to offer intensive support from her therapist and service coordinator. At the start, she was very angry, non-compliant with everything (appointments, court orders, etc.), and was on probation and failing school. Her living situation changed due to her father continuing to condone the substance use and inappropriate behaviors, and then her case was transferred from DJJ to DCBS. She started to participate more in therapy, and started attending the peer groups that our service coordinators have assisted with for the KAT-ED clients. She became more and more involved with that group, and has now become a stand-out leader in that group. She has now been able to achieve her G.E.D., acquired employment, and is very compliant with therapy, and now calls her service coordinator for support, instead of the service coordinator trying to track her down. She is on the road to being the first Peer Leader through the KAT-ED program, as evidenced by the fact that she was able to get up during one of the peer group meeting spontaneously, and share her story with the other adolescents that were newer to the program. This was a very moving moment, and she did this without any preparation or planning. She is clearly a success story; this demonstrates the power of KY IMPACT & the wraparound approach, KAT-ED program & peer support.
- 4. Share 1 thing SIAC can do to better support your RIAC.
- Changes coming with the hiring of the RIAC Policy Advisor will help improve communication, and direction between SIAC and RIAC.
- 5. Share interactions/ interventions your RIAC/LIAC has implemented in some or all of the following areas: strengthen role of councils, improve access to services, expand array of services, advance collaborative efforts, etc.
- Expanded Parent Support Group to Grant County, which has been very well received.
 They meet monthly & have a strong base of parents. We plan to add another Parent Support Group in Gallatin County this year.

Commissioner Begley expressed concern regarding heroin use in the Northkey area and asked Mr. Rohrer and Ms. Robinson if they are seeing an increase in the number of cases. Responded that they are seeing more cases and described the cases as challenging particularly due to the parents' use of substances as well; Region 7 stated they will seek support from SIAC if needed to address this issue.

- KAT-ED has expanded the array of services in our region. These youth receive KY Impact services, so their cases are reviewed at LIAC, and activities are supported by RIAC. There is a separate Parent Support Group tied to this program & they are introduced to our Family Liaison and invited to our KY Impact Parent Support Group; youth are regularly invited to KY Impact youth group meetings/outings also. KAT-ED grant has improved collaboration w/ Campbell County courts and other agencies. Our Impact service coordinator is in court twice a week, to help facilitate appropriate referrals to KAT-ED program, to Impact, & NorthKey as a whole.
- We are excited about expanded coverage through Medicaid for KY Family Peer Support Specialist & Community Support Associate positions & hope these changes allow us to expand the array of services we can offer to families.

Region 7 Northern Kentucky LIACs:

LIAC I & LIAC II: Boone, Kenton and Campbell Counties

LIAC West (Warsaw): Carroll and Gallatin Counties
LIAC East (Dry Ridge): Grant and Pendleton Counties

System of Care Expansion and Redesign

Design Team Process: Heather Dearing, Policy Advisor (CHFS)

Design Team Process and Updates

<u>System of Care</u>: A spectrum of coordinated, effective, community-based services and supports for children and youth with or at-risk of behavioral health or other challenges and their families; helping them function better at home, in school, in the community, and throughout life.

SOC Expansion & Redesign:

- Expansion
- More health coverage
- More benefits
- More providers
- More services
- More supports for children, youth and families who need them

Goals of Expansion:

- Implementing policy, administrative & regulatory changes (System Structure & Governance DT)
- Developing or expanding services & supports (Service Array DT)
- Creating or improving financing strategies (Finance DT)
- Providing training, technical assistance & coaching (Data & Evaluation DT)
- Generating support & advocacy base (CHFS Leadership DT)

Presentation delivered 8/22 will be provided on request: Martha.campbell@ky.gov

January – September of 2014: **Strategic Planning Session** identified need to establish teams (January) **KY** developed/proposed concept, established teams & representatives (March) Provided orientation to DT members & implemented meetings (April) DTs met monthly to develop recommendations for SIAC (May & June) DT recommendations distributed to SIAC/LRCs (August) SIAC to discuss & vote on recommendations (September)

- Redesign
- Ensuring accessibility
- Ensuring flexibility
- Implementing evidence-based practices
- Ensuring services and supports are seamless, and coordinated

Goal of Design Teams:

Operationalize the implementation of System of Care Expansion and Redesign.

Design Teams ('responsibilities' of each Design Team relate to the Goals of Expansion):

- System Structure & Governance- Implementing policy, administrative & regulatory changes
- Service Array- Developing or expanding services & supports
- Finance- Creating or improving financing strategies
- Data & Evaluation- Providing training, technical assistance & coaching
- CHFS Leadership- Generating support & advocacy base

Common Themes:

Exploring SIAC membership and structure

Establishing SIAC standing committees

Using and sharing data

Measuring outcomes

Integrating youth and family voice

Training and technical assistance

Finance and service mapping

Recurring Recommendations:

SIAC Membership-Type and Authority

Standing Committees - Adding local representatives

Training & Technical Assistance-Utilize annual System of Care Academy

Conducting additional Financial Mapping

Considerations:

Are recommendations good for Kentucky's children, youth & families?

Are they achievable?

Will your agency/department commit (human, financial, other) resources to these? How will the recommendation(s) affect or impact your agency/department? Are you willing to serve on a committee to move a recommendation(s) forward?

Will SIAC include some/all recommendations in annual recommendations?

Highlights

Need for sharing data among agencies.

Importance of Youth and Family Voice.

Interagency work groups are challenging, but possible.

Timeline from H. Dearing re: Next Steps:

9/5/14: Deadline for SIAC members/designees to request info

9/12/14: Deadline for responses back to SIAC members/designees

9/16/14: Deadline for SIAC members/designees to request further discussion of a recommendation at September SIAC Meeting

9/24/14: Next SIAC meetingdiscussion, followed by vote

LRCs submitted request to SIAC Chair to obtain DT recommendations in order to share w/ RIACs and supply feedback to SIAC; SIAC approved. Heather Dearing will forward recommendations to SIAC Administrator who will distribute to LRCs/ RIAC Chairs.

Mary Reinle Begley,	System Structure and Governance Team (Page 5 of Power-point Presentation)
Commissioner (DBHDID)	
Natalie Kelly, Director (DBH)	Service Array (Page 6 of Power-point Presentation)
Lisa Lee, Deputy Commissioner (DMS)	Financing (Page 7 of Power-point Presentation)
Beth Potter, Project Director, KICC	<u>Data and Evaluation</u> (Page 8 of Power-point Presentation)
Eric Friedlander, Deputy Secretary (CHFS)	CHFS Leadership Team (Page 9 of Power-point Presentation)
Other Business	Annual Recommendations to the Governor
Chris Duckworth, MPH Evaluator, Kentucky Initiative for Collaborative Change (KICC) Evaluator, Kentucky's System to Enhance Early Development(KY SEED)	 Data Update Out of Home Care (OOHC) Report with data supplied by DJJ and DCBS TWS # of children and youth being served outside their home community/region RIAC Policy Advisor is working with DCBS & DJJ to gather information Regional Interagency Council Attendance report with data supplied by LRC Additional Data & Performance Indicators requested by SIAC Chair Member attendance rates – RIAC and LIAC (to identify agency representatives who attend RIACs & LIACs on a monthly basis + continuity of attendees) # of LIACs established and functioning (LIACs need to be operating) # of children and youth deemed eligible/enrolled in services # of consultations and referrals (indicator of the number of consultations and referrals for the children/families deemed ineligible for KY IMPACT) Continuity of DCBS chairs Child and family outcome data, e.g., juvenile justice involvement (data can be obtained through the KY IMPACT Outcomes Management System) Budget expenditures –RIAC Budget Allocations & Expenditures are provided quarterly to SIAC Administrator and show activity year to date. KICC Evaluator & SIAC Administrator are working w/ REACH on automated system, populated by LRCs from each KY IMPACT Region. Three (3) Local Resource Coordinators, from separate Regions, are also participating in the meetings with REACH.

SIAC Member, Designee	SIAC Member Updates
Updates	DBHDID: Listing of all initiatives so all SIAC Members are included
- CP MARCO	Margo Figg (DJJ): Needs Assessment, working with AOC, Senate Bill 200, EBPS
	Lisa Lee & Margo Figg (DMS & DJJ): Looking at DJJ enrolling as a Medicaid Provider
	to deliver Case Management services and bill Medicaid directly
	Lisa Lee(Dr. Langefeld-DMS): Psychotropic Medication use in children and
	improvement plan to decrease the number of children taking these medications
	Melissa Goins (FRYSC): 300+ back to school bashes; focus-school based screening
	Heather Dearing (CHFS): 48 youth screened for mental health and substance use
	disorders using GAIN SS; working on strategy to expand the screening program; will
	present update to SIAC regarding the school based screening
	Eric Friedlander (CHFS): BHSO regulation – Current IMPACT Plus Providers need to
	explore & work on obtaining this licensure type before the IMPACT Plus ends.
	Lee Ann Kelley (Parent): Requested information from SIAC on training & resources
	that are available for parent representatives.
	Laura McCullough (KDE): Waiting to see if they are awarded a 10 million dollar
	Project Aware federal grant; awareness and trauma informed care in schools
	Commissioner Terry Holliday (KDE): Praised DTs for their work and final product.
	Rachel Bingham (AOC): Kristin Knight has taken Melissa Goins position at AOC & will
	serve as AOC's SIAC Designee; education is needed on the language revisions related
	to children with behavioral health needs; trainingsGAIN Q 3 Training; Strength
	Based/ Trauma Informed Care Trainings.
	Allie Rigsby (Youth): Reiterated Lee Ann Kelley's statements
	Dr. Foster (CCSHCNs): Plans to provide services for children on the autism spectrum
	in 10/14. Dr. Foster is leaving CCSHCN's to be a faculty member at the University of
	Louisville; he was thanked for his extraordinary service.
	Tal Curry (DPH): applauded work of families & youth; KY Strengthening Families –
	more initiatives coming out at Kids are Worth it Conference.
	Pam Cotton (DCBS): Performance based contracts currently going on
	M. Campbell (DBH): Kate Dean, Policy Advisor to RIACs/LIACs (KICC SOC Grant)
	meets with a representative group of LRCs & RIAC Chairs 8/24/14 to review RIAC
	policies & procedures and discuss process for revising RIAC Orientations. Several
	SIAC Member signatures are still needed on SIAC's Memorandum of Understanding.
Adjourn	Motion to adjourn; seconded/approved
Next Meeting Date:	September 24, 2014 from 10:00-12:00/Fairfield Inn/ Chenault Road /Frankfort, KY.